

Anti-bullying TIPS

1. I've seen someone being bullied (=j'ai vu quelqu'un se faire harcelé)

1. Say or write something supportive to the victim

"Do you want me to come with you to the office to tell a teacher about this?"

2. Say or write something to the bully

You can say: "Stop doing that!"

3. Tell someone (=dis le à quelqu'un)

You should tell a teacher or the principal about the situation.

4. Don't join in. Don't be just a bystander. (=ne participe pas, ne sois pas juste un témoin passif)

Don't resend or respond to messages or photos that may be offensive to someone.

Don't laugh. Ignore the bully.

5. Do something to help the victim (=fais quelque chose pour aider la victime)

Why not include the victim in your group?

2. I'm being bullied (=je suis harcelé)

1. Talk to someone (=parler à quelqu'un)

Why don't you talk to your parents, your teacher, your friends ?

2. Protect yourself

Don't give personal information and don't post pictures of you on social media.

3. Call 3020 (=appeler le 3020)

It is a free call.

4. File a complaint (=déposer plainte)

If it is very serious, your parents can call the Police and file a complaint.

Je retiens...L'expression du conseil, de la suggestion

→ Pour exprimer le conseil, j'utilise **SHOULD** suivi d'une base verbale :

You **should** tell a teacher. = *Tu devrais le dire à un prof.*

You **shouldn't** be alone = *Tu ne devrais pas rester seul.*

→ Pour faire des suggestions, j'utilise **l'IMPERATIF**

Protect yourself / **Be** careful ! = *Protège-toi / Sois prudent ! (protégez-vous/soyez prudents)*

Don't give personal information ! = *Ne donne(z) pas d'informations personnelles.*

Let's talk to an adult ! **Let's act** now = *Parlons à un adulte ! Agissons maintenant !*

→ Pour faire des suggestions, je peux utiliser **CAN**

You **can** try to talk to the bully. = *Tu peux essayer de parler à l'harceleur.*

→ Pour faire des suggestions, je peux utiliser les expressions **WHY NOT** / **WHY DON'T YOU** + base verbale

Why not include the victim in your group? = *pourquoi ne pas inclure la victime dans ton groupe?*

Why don't you stay away from the bad boys ? = *Pourquoi tu ne restes pas à l'écart des agresseurs ?*