

Colcannon

Colcannon is an Irish dish. The two main ingredients are mashed potatoes and cabbage. It is traditionally made on All Saints' Day or Halloween.

Four charms are put in the colcannon: a button, a thimble, a ring and a coin. If you get the button, you will remain a bachelor. If you get the thimble, you will remain a spinster. If you get the ring, you will get married. If you get the coin, you will be rich.



Whisky

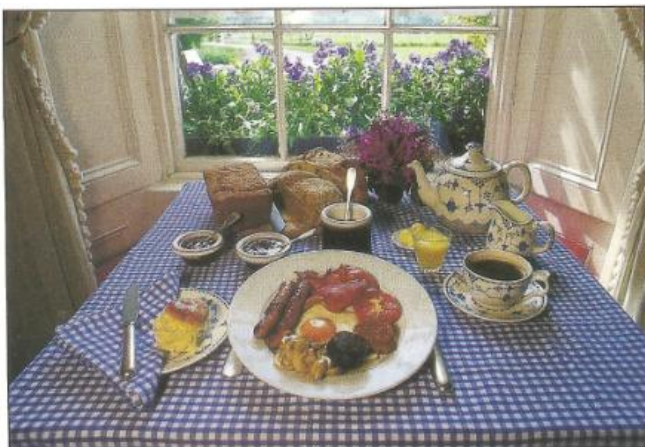
The invention of whisky (also called 'the water of life' in Gaelic) remains a mystery. But there are a few theories. Irish monks (= religious men who live in a monastery) are likely to have been the first to discover how to make whisky. They discovered how to make whisky when they saw perfume being distilled in alembics in the Far East. Since Scotland is only 16 miles away from Ireland in some places, these Irish monks probably exported their invention to Scotland.

Scottish whiskies are generally better known than Irish whiskeys.



SALMON

In Irish rivers, archaeologists have discovered traces of salmon-fishing dating from 2000 BC. Today few salmon survive in the wild, mainly because of excessive fishing, dams (*barrages*) and pollution.



BREAKFAST MENU

JUICES AND FRUIT

Freshly squeezed orange or grapefruit juice
or
fresh fruit salad or stewed prunes

CEREAL

Home-made porridge
(served with cream and brown sugar)

FULL IRISH FRY

One or two eggs
(any style: boiled, fried, poached
or scrambled)
rashers of bacon, black sausage, potato cake
and a choice of tomato, mushrooms
or baked beans

Your choice of toast
or home-made soda bread

BEVERAGES

tea, coffee, hot milk, cocoa

Have a good day!

